

ARE YOU AN ACTIVE BYSTANDER?



If you witness harassment or an escalating situation, you can use the **FIVE D's** to be an active bystander.

DISTRACT

Change the subject or create a diversion. Deescalate by using an excuse to get one or some of the people involved away from the situation.

DELEGATE

Have a friend back you up, or ask someone with more authority to get involved, like a teacher, a parent, or an older sibling.

DELAYED RESPONSE STILL MATTERS

If you saw someone getting harassed but weren't able to intervene in time, you can still offer support. Ask if they want to talk about it and offer to go with them to report it.

DOCUMENT

After you determine no one is in active danger, take photos or videos. Give them to the person being harassed and let them decide what to do from there.

DIRECTLY CALL OUT THE HARASSMENT

Be firm and clear, but remain calm and respectful. If the situation is already tense, escalating it by using this method may make it worse, so use your best judgment.

YOU have the power to prevent sexual harassment

